Beauty and the Beets

Get inspired one bite at a time

BeautyandtheBeets.com

profile

Beauty and the Beets started in 2011 with a goal to inspire you one bite at a time through travel and food. All recipes are based on food from various regions and

cities I have encountered during my travels.

about me

I am a 2x Cupcake Wars Live on Stage competitor, a published writer, and conference speaker. I have made numerous appearances on television including national (Golf Channel, NASA-TV, RFD-TV) and local markets (Orlando, Salt Lake City, Boston, and Washington DC).

I am a former dancer and puppeteer at Walt Disney

World, a former Flight Attendant with Delta Airlines, and a former competitor at The World Food Championships.

social media

7,100+

1,400+

4,100+

6,200+

blog statistics

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the audience

88%

77%

66%

100%

FROM NORTH AMERICA FEMALE

ARE AGED 25-44

EAT FOOD

A sampling of brands I have worked with:

C O N T A C T M E A T :

A N N A @ B E A U T Y A N D T H E B E E T S . C O M